

# Rain Water

By Sha'ul bayn  
Yahukhenun ha Yahudah



“Exalting belief in our Father, the Most High **יהוה** (YaHUAH), through His Turah, the 5 scrolls of M'shah (Moses).”

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In these troublesome times, we felt that this short mention about rain water was appropriate to share in the *Health* section of our website for several reasons. Firstly, the gathering and use of rainwater will save our families money. It is healthier for us than the water which is processed through government “water treatment facilities.” We read an article in a local Cambridge newspaper regarding the use of rain water. The person writing it had used rain water for 24 years. He attached his rainwater gathering to his plumbing system. But in the old days, people used to have a well-maintained eavesdrop that poured into a rain barrel. That method can still be used, but make sure there is a cover on the rain barrel with only a hole for the eavesdrop. Then take out the water with a bucket and distil it or heat it for whatever you are using it for.

When Alish'bai was growing up in Jamaica, her family used to gather and use rain water for dishes, laundry, bathing, gardening and give water to the animals. Rain water has a very light taste also, almost like reverse osmosis. The person who wrote to the local Cambridge newspaper stated that he used it for laundry, dishwashing, watering the garden, and bathing. Certainly he probably used it for washing the car and other stuff. He noted that there is also no need for water softener, and that if you have a water heater, it will last a lot longer. Indeed, rain water is a precious gift from the Most High that can truly help us.

Sh'loom (Peace),  
Sha'ul and Alish'bai