

The Menstrual Cycle, Emissions of Semen and Uncleanness

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The Way of the Most High

“Exalting belief in our Father, the Most High יהוה (YaHUAH), through His Turah, the 5 scrolls of M'shiah (Moses).”

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An emission of semen makes one unclean, as does the menstrual cycle of a lady. Those who are acquainted with Scripture and the laws of the Most High understand this. A lot of males never even have a natural emission of semen because they have so much sex or masturbation (which is not Scriptural) that they don't ever have a nocturnal emission as the Turah (Law) refers to in D'bayrim (Deut.) 23:10.

During times of uncleanness I do not mention the Name of the Most High, refrain from touching my Turah (Scripture), and cautiously go about my business.

Firstly, let me say that in ancient times, people had servants, extended family, and community. This helped with daily matters such as cooking, cleaning, support, festivals and times of uncleanness. In our modern age, it is difficult to observe these matters, but simply because the Tent of YaH is not with us is no excuse. And regardless as to our loss of extended family and community, I still believe it is important for us to have enough foresight and preparation for these matters.

We are told that for 7 days, a lady is unclean, and the 8th day is a day of rejoicing and cleansing, which few people mention or observe, never-mind the 7 days of uncleanness. Some ladies do not have a flow for 7 days. Nevertheless, the time period and the commandment does not change. As for the menstrual pad issue which someone mentioned, yes they did have menstrual pads made of linen or cotton. There is also a thing called a "Luna cup" (not that we agree with this term) which is a cup that is replacement for tampons and all that stuff, and cuts back on the use of cloth pads. See www.gladrags.com. Anyhow, it is not as if they did not keep their blood off their clothes and furniture. I don't believe that is the issue. The issue is that this is a time of separation, prayer, reflection, meditation and cleansing.

Everything in Scripture is based on cycles, agriculture, nature, and a relationship with the Creator. Make that your focus, and you will be on the right track. Prepare meals ahead of time and freeze them for example, and your wife will not have to touch food as much when in her state of uncleanness. With a little foresight, I believe we can be more Law-observant in this regard.

Uncleanness is not a transgression, it is a STATE OF BEING and often unavoidable. I say often, because disease is a type of uncleanness that can often be avoided for example. The menstrual cycle and an emission of semen however, is not avoidable. But again, being unclean is a natural cycle of life in most cases, and is not a transgression. But it is to be dealt with in care, seriousness, sometimes following prescriptions of Turah (Law) pertaining to such uncleanness. Death would be another example.