

# Hand-Grinders, Grains, Famine Preparedness, Self-Sustenance and Rainwater Use

By Sha'ul bayn Yahukhenun ha Yahudah

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The Way of the Most High

“Exalting belief in our Father, the Most High **יְהוָה** (YaHUAH), through His Turah, the 5 scrolls of M'shih (Moses).”

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1<sup>st</sup> Moon Cycle, 3<sup>rd</sup> Night (4/6/2011 Year of our Captivity)

Thoughts on Hand-Grinding Grain, Famine, Preparedness, Rain Barrels

Sh'loom (Peace) All,

I have attached some photos of some grains and our hand grinder. The reason for this short blog is simple. I'm talking about preparedness. Firstly, having a hand-grinder and your own grain will save you if your hydro ever goes out. You can always grind some fresh flour and make bread, pasta, or parched grains to eat, flat cakes, or whatever. Of course, you would need a source of heat such as a small gas stove or some wood for a small wood stove or grill. My preference is for wood. Secondly, grinding your own grain and making your own flour and baked items ensures that you know EXACTLY what is going into your baked stuff, and that it is fresh and healthy. In case of a famine or problem with supermarkets, having your own grain and rainwater via rain-barrel collection would certainly come in handy. And if you are worried about cleanliness, there are a number of berkey filter diagrams that are easy to build at home to filter your rain water or other water (tap water). Anyhow, I pray that this has been of use to you. I don't have a whole lot of time. Needless to say, this is one of those things that I felt was too wonderful to pass up as a short blog. We need to be prepared, and I don't believe YaH would want us to sit on our hands and depend on the hydro system, water system, and supermarket in a time of calamity. I don't believe YaH would have us to be ignorant and neglectful. We can help ourselves, and possibly others. We need to return to the ancient paths of the Most High. Collecting water in rain barrels and using the water for baths or gardening will also save you on your water bill of course. We wish you all the best, and pray that all is well with each of you.

Sh'loom (Peace),

Sha'ul



