

# Preparing for Festivals

By Sha'ul bayn Yahukhenun ha Yahudah

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The Way of the Most High

“Exalting belief in our Father, the Most High **יְהוָה** (YaHUAH), through His Turah, the 5 scrolls of M'shiah (Moses).”

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It has been a long day (1<sup>st</sup> Moon Cycle, 20<sup>th</sup> day, 2011 Roman date). And one of the things that we do throughout the week is focus on what shopping/preparations need to be made prior to the evening of the 6th day of the week. Tomorrow is not the Sh'bayt (Sabbath), but it is a day of rest and worship as it is the 7<sup>th</sup> day of the Festival of Unleavened Bread (Kheg ha Metsoot). And so today becomes a preparation day for the rest and worship day of the 7<sup>th</sup> day of Unleavened Bread, and a preparation for the Sh'bayt (Sabbath) day which follows it.

While we believe that a Scriptural 24hr day is from morning to morning, it is evident that work is not done in the night. Thus, we prepare for Sh'bayt (Sabbath) on the 6th day prior to the sun going down. Tomorrow is the 21st of the 1st moon cycle, a day of rest (Sh'bayt) from work and worship, as the festival of Unleavened Bread comes to an end tomorrow night. The following morning is the 22nd, and we can eat and celebrate on this Sh'bayt (Sabbath) like a new refreshing for the coming week with no more unleavened bread. YaH has His timing for everything when it comes to the festivals and every second counts for us. We attempt each and every hour of every day to be doing something to better our family, serve others, or honour the Most High in service. We do not watch pointless movies, waste time on nonsense or otherwise. We grind our own flour with a hand-grinder from fresh grain and make our own stuff fresh. We do our utmost to have the best recipes available for Sh'bayt (Sabbath). We have prepared some chicken lasagna for this week, and lots of bread. We got wine and juice for the children.

When we wake up each day, we sing a song called "b'qor thooB" (pleasant morning) to each other and to  (YaHUAH). Same goes for Sh'bayt (Sabbath). At night we sing a song we made called "lay'la thooB" (wonderful night).

On Sh'bayt (Sabbath), we rest and spend time with family in the morning and have the best breakfast of the week. We often do a lot of cold trays to avoid using the stove and as little work for ourselves as possible on Sh'bayt (Sabbath) in terms of meals. Coleslaw, ground veggie salads, home-made hummus (chick pea spread) and bread and stuff like that. We make sure that our clothes are such that we can greet our Sovereign properly on His festival day. We get out our best robes, dresses and stuff for the children.

We dust our home two days ahead of each festival day so that we don't have to do that on preparation day. We vacuum and sweep on preparation day before each festival.

We also stay away from electronics and computers.

YaH reigns and we ought to welcome Him to a clean and orderly home of worship each festival day. That is our attitude. And if a person is married, they ought not to make their bed and clothing unclean via emission of semen of course. Orthodox Judaism and many Christians teach that sex is a gift of YaH that can be enjoyed on festivals, but this is directly against laws of clean and unclean.

I suppose that is all for now and we certainly welcome other people to respond to this blog and perhaps offer their own insights.

YaH Khey (YaH lives),  
Sha'ul and Alish'bai

If you have suggestions for preparing for festivals, either Sh'bayt (Sabbath) or otherwise, feel free to dialogue with us.